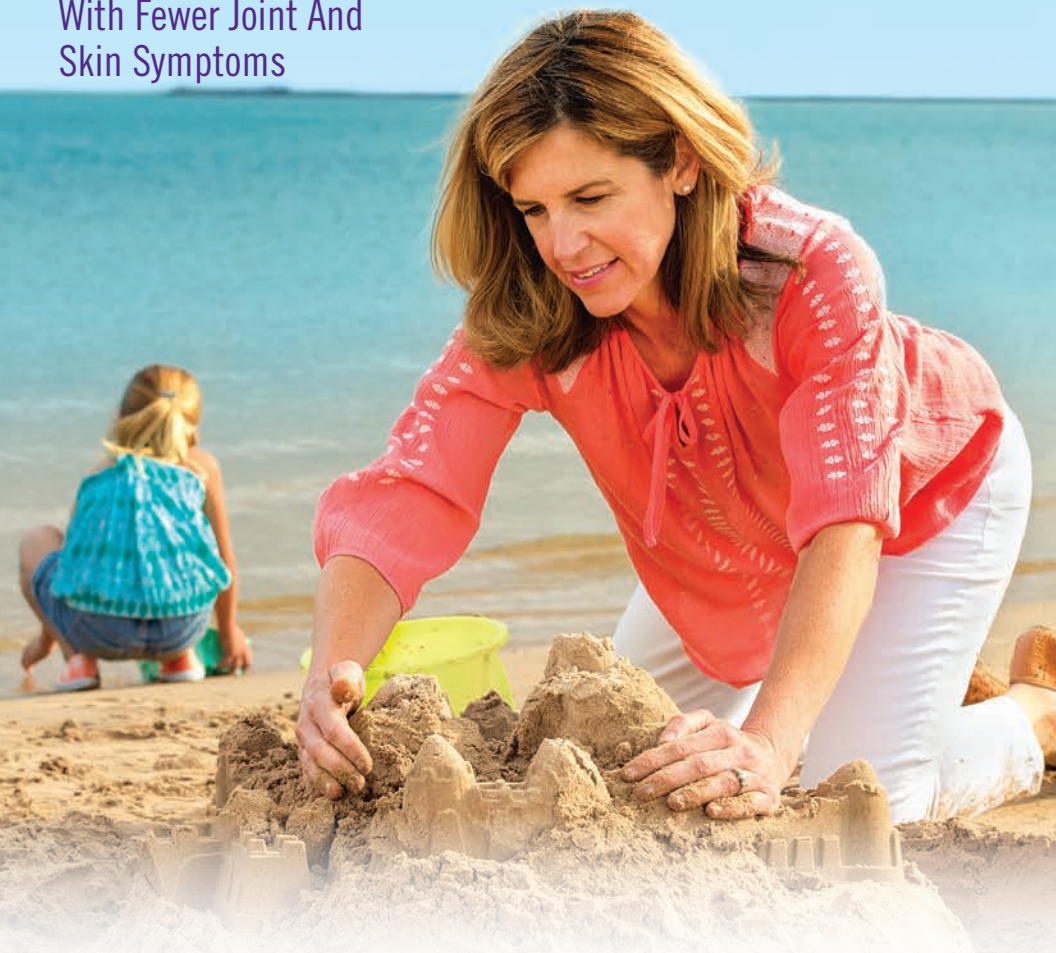


For Active Psoriatic Arthritis



Imagine More Good Days

With Fewer Joint And
Skin Symptoms



STELARA® is a prescription medicine approved to treat adults 18 years and older with active psoriatic arthritis, either alone or with methotrexate.

Selected Safety Information

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Living With Psoriatic Arthritis

Some days, the joint pain, swelling, and stiffness of active psoriatic arthritis can keep you from doing the things you need to do.

That's why it's so important to find a treatment that may give you more good days to do the simple things. Whether that means taking the dog for a morning walk or spending the afternoon gardening, more good days may be possible with STELARA®.

STELARA® Can Help Your Joint And Skin Symptoms

STELARA® is a proven psoriatic arthritis treatment that may help control the symptoms of joint pain, swelling, and stiffness. In a medical study, patients taking STELARA® experienced a 20% improvement in their joint symptoms at 24 weeks. Also, nearly 6 out of 10 people saw at least 75% clearer skin.

Individual results may vary.

To learn more about how STELARA® may help control both the joint and skin symptoms of psoriatic arthritis, visit STELARAinfo.com.

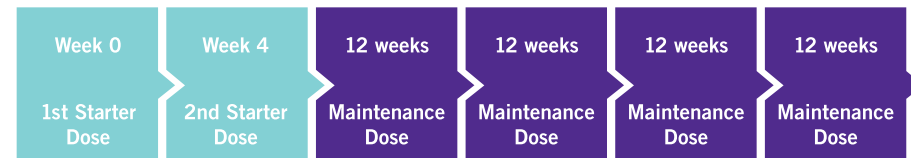
Convenient Dosing Schedule

4 Doses A Year After 2 Starter Doses

STELARA® provides a convenient dosing schedule of 4 times a year after 2 starter doses. That gives you a full 12 weeks between treatments to spend your time doing what matters to you.

STELARA® is a 45 mg or 90 mg injection given under the skin as directed by your doctor at weeks 0, 4, and every 12 weeks thereafter. It is administered by a healthcare provider or self-injected only after proper training.

Your healthcare provider will check your symptoms at all your scheduled appointments while continually reviewing your response to treatment.



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What Is Psoriatic Arthritis?

Psoriatic arthritis is a lifelong, progressive condition that occurs when your immune system attacks healthy cells and tissue.

Symptoms

The severity and frequency of symptoms vary by person. Be sure to tell your doctor if you have any of these symptoms.

Pain, swelling, stiffness, or tenderness in one or more joints

Joints that are red or warm to the touch

Sausage-like swelling in one or more of your fingers or toes

Pain in and around the feet and ankles

Thick, red patches on the skin that often have a silvery scale

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Diagnosis

There is no definitive test for psoriatic arthritis, which is one of the reasons the disease is so difficult to diagnose. Your doctor will take a medical history and perform a physical examination, and may perform blood tests to rule out other types of arthritis with similar symptoms.

Treatment

There is currently no known cure for psoriatic arthritis. However, there are several categories of medications used for the treatment of psoriatic arthritis. NSAIDs, like aspirin or ibuprofen, help decrease pain. Disease-modifying antirheumatic drugs (DMARDs), such as methotrexate, treat pain and swelling of joints. Biologics, like STELARA[®], target specific parts of the immune system.

By finding the treatment that works best for you, it may be possible to relieve your joint pain, swelling, and stiffness so you can get back to everyday activities.

Visit STELARAinfo.com to learn more about psoriatic arthritis.

Did You Know?

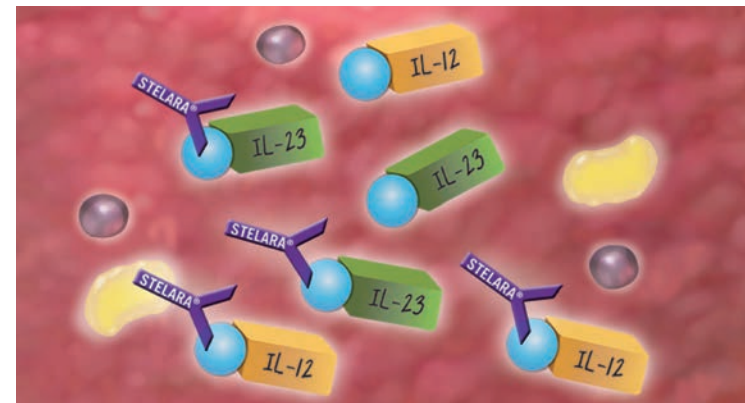


1 in 3 people with psoriatic skin symptoms may develop psoriatic arthritis.

Source: National Psoriasis Foundation

How STELARA® Works

STELARA® is a biologic medication that targets an underlying cause of psoriatic arthritis — an overactive immune system. It specifically targets two proteins called IL-12 and IL-23 — shown to be present in the blood of people with active psoriatic arthritis — and prevents them from attaching to the cells in their body. STELARA® may help reduce joint pain, swelling, and stiffness as well as plaque thickness, scaling, and redness.



Ask your doctor if STELARA® may provide consistent relief from your psoriatic arthritis symptoms so that more good days may be possible.

Individual results may vary.

To learn more about how STELARA® works, visit STELARAinfo.com.

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Psoriatic Arthritis Affects Your Skin And Joints

Since the joint and skin symptoms of psoriatic arthritis are so different, people often mistake them for 2 unrelated conditions. But these symptoms can both be caused by the same immune system disorder.

According to the National Psoriasis Foundation, 85% of people develop the thick, red patches on their skin first and experience the joint symptoms later. However, some people may have the joint symptoms first. If you are experiencing both joint and skin symptoms, it's important to let your doctor know right away.

STELARA® may relieve both the skin and joint symptoms of psoriatic arthritis. Ask your doctor if STELARA® may help you experience clearer skin and less joint pain, swelling, and stiffness.



85%
of people with psoriatic
arthritis develop skin
symptoms first

Source: National Psoriasis Foundation

Treatment

Which of the following types of psoriatic arthritis treatments have you tried? (check all that apply)

- Injections/infusions Creams/lotions
 Pills Other

How satisfied are you with the way your current treatment relieves your symptoms?

- very unsatisfied very satisfied
- Joint symptoms ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩
- Skin symptoms ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩

What's important to you in a treatment? (check all that apply)

- Frequency of treatment
 Number of different treatments I have to take
 Improvement in joint symptoms
 Relief of skin symptoms



Work With Your Doctor To Find The Right Treatment

Although psoriatic arthritis is a lifelong condition, there are treatments that may help relieve your joint and skin symptoms so you can have more good days. Consider the questions below and use the attached appointment prep worksheet to have a more productive conversation with your doctor about your treatment options.

Things To Ask Your Doctor

- Given my history, what treatment options may help provide relief from my symptoms, such as joint pain, swelling, and stiffness, as well as plaque thickness, scaling, and redness?
- How do biologic medicines treat psoriatic arthritis?
- How does STELARA® work to treat psoriatic arthritis?
- Am I a candidate for a biologic treatment like STELARA®?
- What are the important safety considerations for STELARA®?
- What are the dosing schedules of biologic medicines for psoriatic arthritis?

Things To Ask Yourself

- Do you feel that your current treatment is helping your symptoms?
- Have you been open and honest with your doctor about your symptoms?
- How do your psoriatic arthritis symptoms affect your ability to perform your daily activities?
- Have you explored treatment options with your doctor?



Get The Resources And Support You Need



When you start on STELARA®, you also get access to StelaraSupport™—a support program dedicated to helping you get the most out of your treatment plan. This valuable program offers several services at no cost to help you get started and stay on track with your treatment, including:

Cost Support: We understand that everyone's financial situation is different. If you qualify, our Care Coordinators can help you identify resources that may assist you in reducing your out-of-pocket medication costs for STELARA® and help you find a cost-support program if your insurance or financial situation changes.

Insurance Help: Our Care Coordinators can help you verify and understand your insurance benefits and explain your potential out-of-pocket medication costs for STELARA®.

Medication Reminders: To help you stay on track with your upcoming appointments, StelaraSupport™ can send you timely reminders—by phone, text, or e-mail—before your next dose is due.

Self-Injection Support: If you and your doctor decide you will self-inject, StelaraSupport™ has resources for you, including syringe disposal options, access to nurse support, and a helpful how-to video.

Helpful Resources: StelaraSupport™ provides important updates, including additional tools and services as they become available.

For more information, call 1-877-5STELARA (1-877-578-3527) or visit STELARAinfo.com

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Two-Minute Appointment Prep

Your doctor needs to know how psoriatic arthritis affects your ability to do everyday tasks in order to find the right treatment for you. To help you have a more productive conversation with your doctor, just take a few minutes to fill out this quick patient profile.

Symptoms

Over the past month, how would you rate your joint pain?

no pain

severe pain

1 2 3 4 5 6 7 8 9 10

Over the past month, have your psoriatic arthritis symptoms made it difficult to do any of the following activities?

Getting ready for work, including buttoning your clothes, tying your shoes, or doing your hair?

YES NO NOT SURE

Using your hands for small tasks, such as cutting food or opening jars?

YES NO NOT SURE

Doing household chores, such as washing the dishes, gardening, or vacuuming?

YES NO NOT SURE

Doing things such as shopping, going to the park, or meeting friends for dinner?

YES NO NOT SURE

Performing physical activities, such as walking, riding a bike, or running errands?

YES NO NOT SURE

IMPORTANT SAFETY INFORMATION

STELARA® (ustekinumab) is a prescription medicine that affects your immune system. STELARA® can increase your chance of having serious side effects including:

Serious Infections

STELARA® may lower your ability to fight infections and may increase your risk of infections. While taking STELARA®, some people have serious infections, which may require hospitalization, including tuberculosis (TB), and infections caused by bacteria, fungi, or viruses.

- Your doctor should check you for TB before starting STELARA® and watch you closely for signs and symptoms of TB during treatment with STELARA®.
- If your doctor feels that you are at risk for TB, you may be treated for TB before and during treatment with STELARA®.

You should not start taking STELARA® if you have any kind of infection unless your doctor says it is okay.

Before starting STELARA®, tell your doctor if you think you have an infection or have symptoms of an infection such as:

- fever, sweats, or chills
- muscle aches
- cough
- shortness of breath
- blood in your phlegm
- weight loss
- warm, red, or painful skin or sores on your body
- diarrhea or stomach pain
- burning when you urinate or urinate more often than normal
- feel very tired
- are being treated for an infection
- get a lot of infections or have infections that keep coming back
- have TB, or have been in close contact with someone who has TB

After starting STELARA®, call your doctor right away if you have any symptoms of an infection (see above).

STELARA® can make you more likely to get infections or make an infection that you have worse. People who have a genetic problem where the body does not make any of the proteins interleukin 12 (IL-12) and interleukin 23 (IL-23) are at a higher risk for certain serious infections that can spread throughout the body and cause death. It is not known if people who take STELARA® will get any of these infections because of the effects of STELARA® on these proteins.

Cancers

STELARA® may decrease the activity of your immune system and increase your risk for certain types of cancer. Tell your doctor if you have ever had any type of cancer. Some people who had risk factors for skin cancer developed certain types of skin cancers while receiving STELARA®. Tell your doctor if you have any new skin growths.

Reversible posterior leukoencephalopathy syndrome (RPLS)

RPLS is a rare condition that affects the brain and can cause death. The cause of RPLS is not known. If RPLS is found early and treated, most people recover. Tell your doctor right away if you have any new or worsening medical problems including: headache, seizures, confusion, and vision problems.

Serious Allergic Reactions

Serious allergic reactions can occur. Get medical help right away if you have any symptoms such as: feeling faint, swelling of your face, eyelids, tongue, or throat, trouble breathing, throat or chest tightness, or skin rash.

Before receiving STELARA®, tell your doctor if you:

- have any of the conditions or symptoms listed above for serious infections, cancers, or RPLS
- ever had an allergic reaction to STELARA® or any of its ingredients. Ask your doctor if you are not sure.
- are allergic to latex. The needle cover on the prefilled syringe contains latex.
- have recently received or are scheduled to receive an immunization (vaccine). People who take STELARA® should not receive live vaccines. Tell your doctor if anyone in your house needs a vaccine. The viruses used in some types of vaccines can spread to people with a weakened immune system, and can cause serious problems. **You should not receive the BCG vaccine during the one year before taking STELARA® or one year after you stop taking STELARA®.**
- have any new or changing lesions within psoriasis areas or on normal skin
- are receiving or have received allergy shots, especially for serious allergic reactions
- receive or have received phototherapy for your psoriasis
- have any other medical conditions
- are pregnant or plan to become pregnant. It is not known if STELARA® will harm your unborn baby. You and your doctor should decide if you will take STELARA®.
- are breast-feeding or plan to breast-feed. It is thought that STELARA® passes into your breast milk. You should not breast-feed while taking STELARA® without first talking to your doctor.

Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Know the medicines you take. Keep a list of them to show your doctor and pharmacist when you get a new medicine.

When prescribed STELARA®:

- Use STELARA® exactly as prescribed by your doctor
- If your doctor decides that you or a caregiver may give your injections of STELARA® at home, you should receive training on the right way to prepare and inject STELARA®. Do not try to inject STELARA® yourself until you or your caregiver has been shown how to inject STELARA® by your doctor or nurse.

Common side effects of STELARA® include: upper respiratory infections, headache, tiredness, joint pain, and nausea. These are not all of the possible side effects with STELARA®. Tell your doctor about any side effect that you experience. Ask your doctor or pharmacist for more information.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

Please read the full Prescribing Information, including the Medication Guide for STELARA®, and discuss any questions you have with your doctor.



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With Fewer Joint And
Skin Symptoms

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Ask your doctor about STELARA® (ustekinumab).

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